Assessment of Fish Exports from Blantyre District, Southern Malawi

Langson SAMALA* Fanuel KAPUTE

Department of Fisheries & Aquatic Sciences, Mzuzu University, Private Bag 201, Mzuzu 2, Malawi

**A B S T R A C T**

This study presents findings on fish exports from Blantyre, which is the biggest commercial city in Malawi. A cross-sectional research design was used in the study in which fish quantities, species, processing methods, gender of fish exporters and export destinations were analysed. Non-probability data collection methods were used on the secondary data that was collected from Blantyre District Fisheries Office. Findings indicate that a total of 9596 kg (9.6 metric tonnes) of fish was exported within a period of six months in the year 2013 comprising all species available in the local markets and those endemic in Malawi’s water bodies. Most fish were exported as sun-dried, paraboyled and smoked. Findings suggest that fish exports from Malawi are in their infancy, fluctuate, and are insignificant for making a positive and sustainable impact to the economy of the country. It is recommended that national and regional policies should be fully utilized to curb exports of fish in order to sustainably satisfy the local huge demand for fish. About 82.6% of the fish exporters were women underpinning the need for policy considerations that value their critical role in the fish export trade such as women empowerment.

**Keywords:** Fish exports, species, processing, destinations, gender

**Introduction**

In Malawi, documented fish exports are estimated at 0.102 metric tonnes, accounting for a monetary value of MWK (Malawi Kwacha currency) 22,000 (US$ 250) in 1998 to 159.5 metric tonnes valued at MWK18.5 million (US$170,000) in 2002 (Commonwealth/GTZ 2007). The figures indicate that fish exports increased in the period of 1998 to 2002. However, the Government of Malawi (GoM 2012) reported that annually, an average of 86 tonnes of fish was exported between 2002 and 2010. Reports also indicated that quantities of annual fish exports within the same period greatly fluctuated due to dwindling fish harvests (Commonwealth/GTZ 2007; Donda and Njaya 2007; GoM 2011, 2012). Fish catches from Malawi were estimated at 70000 and 3000 metric tonnes per annum from capture fisheries and fish farming, respectively (GoM 2012). To the contrary, the domestic demand for fish in the country was estimated at around 110000 metric tonnes per year (GoM 2012) indicative of a supply deficit. Recent reports showed that Malawi informally exported fish to neighbouring Tanzania, Mozambique and Zambia between 2015 and 2016 with an estimated annual quantity of 24115.68 metric tonnes valued at 41.6 million dollars (Mussa et al. 2017). Such reports exist at a time when the country was in a dire shortage of fish supply with an average per capita annual fish consumption estimated at 5.6 kg, far below the 13-15 kg recommended by the World Health Organisation (Kapute 2017). The demand for fish in Malawi has in recent years tremendously increased due to increased population against the declining fish catches from the natural waters. In Malawi, fish provides the best and most affordable source of dietary animal protein to many people contributing about 28% of all dietary animal protein supply to many people contributing about 28% of all dietary animal protein supply (Kapute 2017). Another concern is that there is little consideration about quality standards for fish trade in Malawi and clearly indicating that fish quality standards have not been well developed for exports to highly regulated markets (Kapute 2009; GoM 2012; Manyungwa-Pasani et al. 2017). The traders have thus, been...
trading without proper licensing and no empowerment. In addition, there have been limited studies focusing on the exports of fish from Malawi. This study differs from earlier studies because it focuses on formal fish exports. The novelty of this study provides a foundation to the sustainability of the fish exports in order for the country to benefit from the trade and diversify the income generating activities in the fisheries value chain. In this study, exports of fish from Malawi were assessed in order to assist the government in establishing the magnitude of fish quantities exported, fish processing methods, fish species, gender of exporters and fish export destinations.

**Material and Methods**

**Study area and data collection**

Cross-sectional research design was used in the study (Bhattacherjee 2012) and fish export data were collected from Blantyre District Fisheries Office in southern Malawi. Blantyre is the commercial and industrial city of Malawi and forms the communication and transportation hub to all parts of the country as well as the neighbouring countries. Fish exports data are collected by the Malawi Department of Fisheries when issuing the phytosanitary certificates to fish exporters. Information that is contained in the phytosanitary certificates includes destinations, fisheries quality control unit, name and address of exporter, declared name and address of consignee, declared quality and name of fish product, scientific name of fish, number and description of packages, declared means of conveyance and treatment, among others. The Department of Fisheries started providing the phytosanitary certificates to Blantyre District Fisheries Office in March 2013. To ensure validity and reliability of the data collected, 10 duplicate sanitary certificates were collected from Blantyre District Fisheries Office before the actual data collection exercise. The collected duplicate Phyto-sanitary certificates were checked by qualified technical personnel in the Department of Fisheries and Aquatic Sciences at Mzuzu University, Malawi. Fish exports data for a period of six months, from May to October, 2013 were collected from a total of 217 individual traders using non - probability sampling technique i.e. all the data available were collected for the study (Ukaonu et al. 2011; Haambiya et al. 2013).

**Species and quantity of fish exported**

Fish species that an individual person could export were summarized as percentages instead of listing used in earlier studies (Jayalal and Ramachandran 2012). Data collected for this study did not indicate the exact quantities exported per species and as such, frequencies were used. The monthly fish exports were added for all months from May to October 2013, and quantities were also added to give a total quantity of fish exported within the period of study. The number of fish exporters were separately classified into three categories according to the quantity of fish exported and percentages of monthly quantities from total quantity exported were computed. The classes were: less than 50 kg (fq<50kg), between 50 and 100 kg (50 < fq < 100), and greater than 100 kg (fq>100), where fq is the fish quantity exported. The percentage of traders in each category was calculated. To determine fish processing methods used for fish destined for trading in the international markets, the proportion of each processed method of the fish species was summarized in the bar graphs to observe the frequently exported forms of processed fish.

**Gender of fish exporters and destinations of fish exports**

The percentages of male and female fish exporters were found for each month of the study to understand whether they were equal percentages for each month. All countries, which serve as markets for fish from Blantyre, were identified and frequencies of fish traders were calculated and recorded. This method was preferred due to its robustness in encompassing specific details without overlooking the importance of the details.

**Statistical analysis**

Data were analyzed in SPSS Software version 16.0. Chi – square (goodness of fit) test was used to test for the differences in the distributions of categories of fish exporters and their gender. The hypotheses were tested at 5% significance level. Graphs were generated using Microsoft Excel 2010.

**Results**

**Quantity of fish exports**

A total of 9596 kg of fish were exported in the period studied and the highest quantity was exported in the month of June (39.2%). It should be noted that although the percentages of fish exported per month were fluctuating, the trend showed an increase from 7.9%, 12.0% and 17.5% from July, August and September respectively (Figure 1).

There were significant differences among the three categories of fish exporters in all the months studied (Table 1). The months showing the degrees of freedom (df) of one suggest no fish exports of more than 100 kg.
Figure 1. Percentage of fish exports from May to October 2013 from Blantyre

Table 1. Chi-square (goodness of fit) test results for the three categorised fish exporters

<table>
<thead>
<tr>
<th></th>
<th>May</th>
<th>June</th>
<th>July</th>
<th>August</th>
<th>September</th>
<th>October</th>
</tr>
</thead>
<tbody>
<tr>
<td>$\chi^2$ – value</td>
<td>13.300$^a$</td>
<td>28.374$^a$</td>
<td>4.263$^a$</td>
<td>9.143$^a$</td>
<td>11.789$^a$</td>
<td>12.250$^a$</td>
</tr>
<tr>
<td>df</td>
<td>2</td>
<td>1</td>
<td>1</td>
<td>2</td>
<td>2</td>
<td>2</td>
</tr>
<tr>
<td>Asymp. Sig.</td>
<td>0.001</td>
<td>0.000</td>
<td>0.039</td>
<td>0.002</td>
<td>0.003</td>
<td>0.002</td>
</tr>
</tbody>
</table>

Values with similar superscripts in a row are significantly different (P < 0.05).

Fish species on international trade

Fish species that were exported are *Engraulicypris sardella* (Günther, 1868) (local name: Usipa), *Clarias gariepinus* (Burchell, 1822) (Catfish: Mlamba), *Oreochromis* species (Weyl et al 2010) (Chambo), *Oreochromis mossambicus* (Makakana), *Enteromius paludinosus* (Peters, 1852) (Matemba), and *Rhamphochromis* species (Mcheni). However, frequently exported species were *E. sardella* and *C. gariepinus* with more than 75% and 65% of the fish exporters respectively (Figure 2).

Figure 2. Percentages of fish exporters from Blantyre to various export destinations from May to October, 2013.

Fish processing methods

Observed fish processing methods were sun-dried and para-boiling for *E. sardella* (Figure 3). Commonly, *Oreochromis* species (local name: Chambo), *Diplotaxodon* spp. (Ndunduma) and *C. garipinus* (Catfish) were exported in smoked form. A small quantity of *Oreochromis* species were also exported frozen while *Rhamphochromis* species (Mcheni) were exported in the smoked form compared to other forms (Figure 4). Fishes such as *Barbus* species (Matemba), *Copadichromis* species (Utaka), *Bagrus* species (Kampango), *Bucochromis* species (Mbaba) were mainly exported in smoked and sun-dried forms (Figure 5).
Results show that the Republic of South Africa (n=214) is the main importer of fish from Malawi. Some fish were also exported to Botswana (n=1), Mozambique (n=1) and Vietnam (n=1) in the same period.
Contrary to the expectations, there was no export of fish to the neighboring countries like Tanzania, Zambia and Zimbabwe in the period under study (Table 2).

**Table 2. Number of fish exporters from Blantyre in months of study**

<table>
<thead>
<tr>
<th>Month</th>
<th>Republic of South Africa (n=214)</th>
<th>Botswana (n=1)</th>
<th>Other (n=2)</th>
</tr>
</thead>
<tbody>
<tr>
<td>May</td>
<td>20</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>June</td>
<td>98</td>
<td>0</td>
<td>1</td>
</tr>
<tr>
<td>July</td>
<td>19</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>August</td>
<td>27</td>
<td>1</td>
<td>0</td>
</tr>
<tr>
<td>September</td>
<td>19</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>October</td>
<td>31</td>
<td>0</td>
<td>1</td>
</tr>
</tbody>
</table>

**Gender of fish exporters**

About 13.8% of fish exporters were males and 86.2% were females with a significant difference (P<0.05) between the gender of fish exporters in the months of May (P = 0.000), June (P = 0.000), July (P = 0.000), August (P = 0.001) and October (P = 0.000) and the month of September showed gender difference was insignificant (P = 0.108) as reported in Table 3.

**Table 2. Percentages and Chi-square (goodness of fit) test results for fish exporters.**

<table>
<thead>
<tr>
<th>Month</th>
<th>Male (%)</th>
<th>Female (%)</th>
<th>χ²-value</th>
<th>Asymp. Sig.</th>
</tr>
</thead>
<tbody>
<tr>
<td>May</td>
<td>5.0</td>
<td>95.0</td>
<td>16.200∗</td>
<td>0.000</td>
</tr>
<tr>
<td>June</td>
<td>12.1</td>
<td>87.9</td>
<td>56.818∗</td>
<td>0.000</td>
</tr>
<tr>
<td>July</td>
<td>5.3</td>
<td>94.7</td>
<td>15.211∗</td>
<td>0.000</td>
</tr>
<tr>
<td>August</td>
<td>17.9</td>
<td>82.2</td>
<td>11.571∗</td>
<td>0.001</td>
</tr>
<tr>
<td>September</td>
<td>31.6</td>
<td>68.4</td>
<td>2.579b</td>
<td>0.108</td>
</tr>
<tr>
<td>October</td>
<td>15.6</td>
<td>84.4</td>
<td>15.125∗</td>
<td>0.000</td>
</tr>
</tbody>
</table>

**Discussion**

The study of fish exports from Blantyre District in Malawi was limited by the availability of sufficient data. Data that was available at the time of the study were for six months only. The findings in this study were consistent with earlier studies that fish quantities exported from Malawi have been low (Commonwealth/GTZ 2007; Donda and Njaya 2007; Kapute 2009; GoM 2011, 2012). Quantities as low as 9596 kg exported in six months from Blantyre District may imply that fish exports at the current rate cannot meaningfully contribute to the economy of the country. However, due to increased informal cross border trade as evidenced by the informal fish export of 24115.68 metric tonnes between 2015 and 2016 from Malawi to neighboring countries (Mussa et al. 2017), fish export quantities could be higher than reported. The inconsistencies earlier reported by Kapute (2017) may rise due to poor monitoring of the fish exports by the Government of Malawi. The increasing trend of fish export quantities from May (9.2 %), July (7.9 %), August (12.0 %), September (14.1 %) and October (17.5 %) may be indicative of increased fish availability on the markets following the opening of the lakes following seasonal closure in November and/or December to March. Highest fish exports (39.2 %) in June may be due to traders turning up as production of *E. sardella* increased along with other species. This study revealed that *E. sardella* and *Copadichromis* species which were commercially - less valuable fishes (GoM 2012; Singini 2013) were the mostly exported by traders (at least 75% of the traders exported the two species). The fish processing methods such as sun-drying, smoking and para-boiling indicate that the exported fishes were destined for local markets (Kapute 2009; GoM 2012). The processing methods also suggest that the species of fish exported are small in size.

It was observed fish were mainly exported to the Republic of South Africa as earlier reported by GoM (2011). Republic of South Africa imported largest quantities of fish from Malawi probably due to many Malawians staying in that country as consumer studies in Johannesburg found that demand for fish...
species depends on culturally acquired tastes (Kapute 2017). However, other studies have established reported fish exports to Zambia, Tanzania and Zimbabwe (Kapute 2017; Mussa et al. 2017) which were not found in the current study. The large percentage of female fish exporters (86.2%) and the monthly gender differences agree with the findings from Mussa et al. (2017) that a larger number (65.7%) of women from Malawi are involved in the informal cross border fish trade. The issue of women empowerment is therefore, crucial as 70% of women in the Southern African Development Community (SADC) are involved in the informal cross border trade (Mussa et al. 2017).

The study recommends that the Government of Malawi should make a balanced decision on policy issues regarding regulation of fish exports. This comes at a time when demand for fish on the local market in the country is not satisfied. Further, the government should consider exploring fish processing methods that ensure highest quality for exports to highly regulated markets. The more women (86.2%) than men (13.8%) who exported fish from Blantyre District provides insights on the unsustainability of fish exports. Therefore, a policy that considers mainstreaming of gender into the policy may ensure the sustainability of livelihoods of women in fish exports.

Acknowledgements
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References
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